








<p>Assisted Self Weigh.</p>	<p>An opportunity to weigh your child and seek advice about your child's overall development and wellbeing. All aged children welcome. Please note this is a bookable service, please call to book an appointment.</p>	<p>Tuesdays 10:00am - 11:30am</p>	<p>Jaywick Community Resource Centre, Brooklands Gardens, Jaywick, CO15 2JP</p>	<p>To book an appointment please call 03002470015</p>  
<p>SEN Support Group - Walton</p>	<p>A friendly, supportive group for parents/carers of children with any additional needs to meet up and chat once a month in Walton on the Naze.</p>	<p>Last Wednesday of every month (During term time)</p>	<p>Walton Community Centre Standley Rd Walton on the Naze CO14 8PT</p>	<p>For more information contact EXTRA on: 01255475001 admin@extrasupportforfamilies.co.uk</p>
<p>Feel Good Friday</p>	<p>Join like-minded parents to help you to feel good!</p>	<p>Every Friday 10:00am - 11:30am</p>	<p>Jaywick Community Resource Centre, Brooklands Gardens, Jaywick, CO15 2JP</p>	<p>For more information contact EXTRA on: 01255475001 admin@extrasupportforfamilies.co.uk</p>
<p>Friday Friends</p>	<p>Peer Support Group for any parent with a focus on reducing isolation and improving resilience. Friendly chat and a chance to make new friends</p>	<p>Friday 10am - 11am</p>	<p>Term Time Only - Home Start Harwich, St Nicholas Hall</p>	<p>Contact Home Start Harwich on 01255 556230 for more information. <i>Run in partnership with Extra – Support for Families</i></p> 
<p>Assisted self-weigh</p>	<p>An opportunity for you to weigh your child and seek advice about your child's overall development and wellbeing.</p>	<p>Every Tuesday 10:00am - 11:30am</p>	<p>Jaywick Community Resource Centre, Brooklands Gardens, Jaywick, CO15 2JP</p>	<p>Bookable service only Please call - 0300 247 0015</p>


<p>Parents 2b & Parents with young babies</p>	<p>Join us at a relaxed, friendly group where you can meet other parents & parents-to-be over a cuppa and biscuits. Information and support will be available on pregnancy and life with a small baby. Runs alongside Essex Child & Family Wellbeing Services assisted Self Weigh Clinic Collect any Home-Start issued shop vouchers or donations for you and baby.</p>	<p>Every Tuesday 10:00am - 11:30am</p>	<p>Jaywick Community Resource Centre, Brooklands Gardens, Jaywick, CO15 2JP</p>	<p>Extra - Support for Families 01255475001 admin@extrasupportforfamilies.co.uk</p>
<p>InterAct: Short Breaks & Mental Health, Resilience & Wellbeing Training</p>	<p>InterAct supports young people aged 10-18 with Special Educational Needs and/or Disabilities (SEND) to get out and about in the community: so they can have fun, try new activities, make friends, and develop new skills, whilst also giving parents/carers a break. InterAct offers after-school & evening activities, with term-time groups in, Colchester, and Tendring District, and/or online. We go further afield for day trips & activities during school holidays. We also offer a portfolio of training courses and workshops which we deliver in a range of settings. We have over 20 years experience of working with organisations, young people & families and communities; of person centred approaches; and of emotional, mental health and wellbeing; providing us with invaluable experience in shaping our programme of training for practitioners, parents/carers and young people.</p>	<p>2 evening, term time sessions a week in Colchester, based at Stanway Youth Centre. Tuesday 6.30pm-8.30pm. This club combines centre based activities and trips out into the community. Colchester COZ Club Friday 5.30-8.30pm This club is largely centre based with a variety of activities ranging from crafts to cooking to karaoke nights. A weekly club in Clacton based at Green Lodge on a Wednesday from 6.30pm-8.30pm, combining centre based activities and outings around Clacton</p>	<p>You can access our quarterly Activity Programme at this link: https://www.interact.org.uk/children-young-people/short-breaks</p> <p>Clacton - Green Lodge, 180 Old Road, CO15 3AY Colchester - Stanway Youth Centre, Winstree Road, CO1 1BX</p>	<p>For information on our short breaks programme contact the young people team at youngpeopleteam@interact.org.uk or call 01245 608206</p> <p>For details of volunteer opportunities please contact volunteering@interact.org.uk</p> <p>For information on the InterAct suite of training contact Lesley.bailey@interact.org.uk</p>


Fuel Poverty Action Group	<i>A New networking and focus group for community organisations to come together to share current projects, services, and ideas to support residents of Tendring with Fuel Poverty. Find out about funding opportunities, grants, Resources and Winter Warmth goodie bags.</i>	Tuesday 13 th December 2022	CVST Harwich & Dovercourt Hub 276 High Street Harwich CO12 3PD	Call 01255 425692
Antenatal Clinic		Wednesday 9.00am-12.30pm	Sydney House Family Hub Maldon Way Clacton on Sea CO16 7PA	Appointments via Midwife only
Healthy Family Drop In	An opportunity to speak to a practitioner about your child's growth and development.	Wednesday 1.00pm-3:00pm	Sydney House Family Hub Maldon Way Clacton on Sea CO16 7PA	Drop in
Healthy Family Drop In		Thursday 10.30am-11.45am 1 st Thursday of month	St Osyth Village Hall, CO16 8PE	Drop in
Assisted Self Weigh	An opportunity to speak to our Healthy Family Support Practitioners about your child's growth and development.	Friday 10.00am-11.30am	Brightlingsea Library New Street CO11 1 AD	Call to book a place 0300 247 0015
Infant Massage	An enjoyable five -week course to help build a bond with your baby through touch.	Monday 9.30am-10.30am	Windmill Centre Mayes Lane Ramsey CO12 5EL	Referral only
Assisted Self Weigh		Monday 11.00am -3.00pm		Call to book a place 0300 247 0015

	An opportunity to speak to our Healthy Family Support Practitioners about your child's growth and development.		Windmill Centre Mayes Lane Ramsey CO12 5EL	
Say Hi Family Walk	Join us for a leisurely 'walk and talk' to meet other families with children and make new friends.	Tuesday 10.30am- 11.30am (Term time only)	Meet at the beach in Quay Street Manningtree, CO11 1AU	No need to book just pop along!
Assisted Self Weigh	An opportunity to speak to our Healthy Family Support Practitioners about your child's growth and development.	2 nd & 4 th Weds of month Wednesday 9.30am- 11.00am	Wivenhoe Library	Call to book a place 0300 247 0015
Assisted Self Weigh	An opportunity to speak to our Healthy Family Support Practitioners about your child's growth and development.	Wednesday 1.00pm - 3.00pm	Harwich Library Delivery Site Harwich Library, Kingsway Harwich CO12 3JT	Call to book a place 0300 247 0015
Assisted Self Weigh	An opportunity to speak to our Healthy Family Support Practitioners about your child's growth and development.	Friday 1.15pm -3.00pm	Manningtree Library High St Manningtree CO11 1AD	Call to book a place 0300 247 0015
Sensory Group	For 0-5 year olds to come along and explore the multi-sensory room.	Last Thursday of each month 11:00-12:00	Shorefields School 114 Holland Road, Clacton-On- Sea, CO15 6HF	St James Children's Centre/ Natalie Pannell 01255 222503
Lifestyle Coaches	Sign up free for support to make any lifestyle change whether that is Increasing physical activity (special gym prices or just motivational help) Quit smoking Healthy eating etc.	6 sessions - 1-1 - available at times to suit the client	Various venues across the whole of Essex	Provide Essex Lifestyles Service 0300 303 9988
Family learning courses	See White Hall Academy website for current courses		Food tech room or training room	

Homestart	Varying services and support for parents that meet the criteria outlined in the link	On going	Colchester North East Essex Tendring District	HS-Colchester-Directory-of-Services
Family Solutions Services	<p>Family Solutions is aimed at helping families with a range of issues on a voluntary basis. We work with families for up to 12 months by helping them identify their own solutions to their problems.</p> <p>In the early stages contact with the family can be on an intensive basis, reducing over time as they become more confident at addressing their problems.</p> <p>Family Solutions will work with families who have two or more of the following difficulties described as Intensive in the Effective Support for Children and Families in Essex Guidance:</p> <ul style="list-style-type: none"> • Families with no member in work • Families with significant non-school attendance (for whatever reason) • Families with members involved in crime or anti-social behaviour • Families affected by domestic violence • Families living with drug and alcohol misuse • Families where children are in need and were open to social care • Families where children exhibit significant behavioural difficulties 	On going	Across North East Essex	<p>For details and referral forms follow the link</p> <p>https://www.essexeffectivesupport.org.uk/</p> <p>Team Manager: Georgina Williams-Wright Tel: 033301 38912 The team e-mail address is familysolutionsnorth@essex.gov.uk</p>

	<ul style="list-style-type: none"> Families facing eviction or with significant rent arrears or neighbour disputes <p>Families with one or more member of the household with (tier 2) mental health needs</p>			
'Parents' Helpline'	<p>A helpline for parents or carers providing advice and ideas about managing children's behaviour.</p> <p>Provided by Home School Liason Workers at Essex County Council's Social, Emotional and Behavioural Difficulties Team</p>	<p>Fridays 9.30-11.30am</p>		<p>0300 003 1864</p> 
Colchester Institute Counselling service	<ul style="list-style-type: none"> Free counselling service provided by professional counselling students in a formal counselling role (fully supervised) 	<p>Term time only</p>		<p>Contact 01206 712184 Or email: CICSinfo@colchester.ac.uk</p>
ESF Families Programme	<p>Support for families where there is Worklessness</p>	 <p>Reed in Partnership Families Programme.r</p>	 <p>ESF Referral Process for Partners (3).doc</p>  <p>Families Programme Summary v7.doc</p>	
Education Welfare Service	<p>Support to improve school attendance</p>		<p>Tendring area and Schools Magnet House Clacton</p>	<p>01255 254646</p>

			Colchester area and Schools Essex House Colchester	01206 266588
Quality Solicitors	FREE Drop in for family legal advice (15 mins) Pay as you go - legal advice service	Thursday Mornings on going	98 Pier Ave Clacton	Zoe Bartlett zbartlett@gsfjg.co.uk
One Support Essex Floating Support	This service provides individual housing related support to people in the community, preventing homelessness, helping them to maintain their tenancies, increasing life skills and to live more independently.	Service availability 8am-6pm Monday -Friday	Postal address: One Support Gateway 7 St Peters Court, St Peters Street, Colchester CO1 1WD	One Support Gateway 0300 1231921 Or text 07964115010 Email: essexfss@onehousinggroup.co.uk
Food Banks	Food parcels for people living in specific areas contact food banks directly for coverage details	Ongoing	Walton Community Centre Standley Road Salvation Army Clacton	07926015276 or 07931316872 Jane/Jackie (will deliver) 01255 431760 Tracey Cooke
Tendring Time Bank	What is the Time Bank? It will be a way for people to help others in their community and be rewarded for it - in time. For every hour of time you give helping someone, you receive one time credit. The Time Bank will also be running fun, free activities in partnership with the local community. What can you do with your time credits? You can 'spend' your time credits when you need help from someone else. You can give	Ongoing	Tendring area	For more information please contact Email address: ian-layzell@hotmail.co.uk or jackiewise63@gmail.com  TTBVolunteerForm.pdf

	<p>them to another person who needs some help. You can save them.</p> <p>Who can join the Time Bank? Anyone.</p> <p>Age, ability, lack of finance or limited mobility are not barriers to participating in the time bank.</p>			 <p>TTB cartoon_questionnaire</p>
<p>Success Feelosophy</p>	<p>Helping everyone learn to succeed.</p>	<p>email Keef Feeley for support</p>		<p>Keef Feeley keefeeley@hotmail.co.uk www.successfeelosophy</p>

Next Chapter	Next Chapter (formerly known as Colchester & Tendring Women's Refuge) is a domestic abuse charity working across the areas of Tendring, Colchester, Maldon, Chelmsford, Braintree & Uttlesford. We provide free and confidential services to support people who are currently experiencing, or have previously experienced domestic abuse.	Ongoing	Tendring, Colchester, Maldon, Chelmsford, Braintree & Uttlesford	https://www.thenextchapter.org.uk/ 01206 500585/01206 761276
M-PACT - Moving Parents and Children Together	A support group for children and young people suffering the consequence of parental substance misuse.			Families Plus Jill Cunningham House East Knoyle Salisbury Wiltshire SP3 6BE 01747 832015 Admin.familiesplus@actiononaddiction.org.uk
Paediatric First Aid for Childcare Professionals	At Colchester First Aid we have a particular passion for teaching paediatric first aid and offer a fully comprehensive paediatric course for professionals. The course is ideal for childminders, nursery/crèche staff, nannies and au pairs and its content meets OFSTED's requirements for early years settings and is Essex County Council, Early Years and Childcare approved.			Colchester First Aid Please contact us for more information, prices, or to discuss your requirements or book a course. Web: www.colchesterfirstaid.com Email: info@colchesterfirstaid.com Phone: 07813 132288
SAFSA Support and Advice to Families Suffering Abuse	We offer support and advice to families surviving abuse. This can be from meeting up regularly to discuss things that are worrying in the families. Attending court dates as support alongside them or	Please call to discuss.		07873191466 Safsacharity1@gmail.com

	attending courses or groups with them until they have the confidence to attend alone.			
Coram Children's Legal Centre	<p>Coram Children's Legal Centre is an independent national charity committed to promoting children's rights in the UK and worldwide.</p> <p>It offers free legal advice for every parent, carer and young person in England, in all matters of family, child and education law.</p>	8am-8pm Monday to Friday	Freephone telephone advice line on 0808 802 0008	<p>www.childrenslegalcentre.com for free fact sheets and live web chat advisors</p> <p>Monday to Friday 9am-6pm</p>
First Aid for Families	<p>One of the most valuable investments you can make is in learning the skills to administer first aid to a member of your family.</p> <p>Of course, nobody wants or expects to need to use those life-saving skills, and we certainly hope you never have to, but be assured that completing a comprehensive, good quality, hands-on first aid course, tailored to your needs, will leave you totally confident that should an emergency occur, you know exactly what to do.</p>			<p>Colchester First Aid</p> <p>Please contact us for more information, prices, or to discuss your requirements or book a course.</p> <p>Web: www.colchesterfirstaid.com Email: info@colchesterfirstaid.com Phone: 07813 132288</p>

<p>SEND Information, Advice and Support - Essex County Council</p>	<p>We provide information, advice and support about all aspects of Education for young people with Special Educational Needs or Disability.</p>	<p>Monday - Friday 9.00am - 5.00pm</p>	<p>Essex wide - have support workers in all four areas of Essex.</p>	<p>Helpline number: 0333 013 8913 Email address: send.iass@essex.gov.uk</p>
<p>Essex Family Forum</p>	<p>The Essex Family Forum is a well-informed, connected and empowered community of families that includes children and young people up to the age of 25 with disabilities or additional needs. We work in partnership with organisations, our local authority and health commissioners aiming for quality outcomes that meet the needs of all our families. We are also part of the Eastern region and national network of forums.</p>	<p>To request a hard copy of 'Supporting Your Neurodiverse Child' https://essexfamilyforum.org/parent-surveys-and-feedback/resources-for-families/ SEND Roadshows - Please see their website for details.</p>	<p>Various Locations.</p>	<p>hello@essexfamilyforum.org</p>
<p>Circle of Support</p>	<p>A peer led support group for families with a child who has SEND.</p>	<p>1st and 3rd of the month Monday 9.30am- 10.30am</p>	<p>Sydney House Family Hub Maldon Way Clacton on Sea CO16 7PA</p>	<p>Contact Tanya for details on 07547698082</p>
<p>Home Visiting Home-Start Plus</p>	<p>Weekly home visiting delivered bespoke to need to include home parenting; befriending; home management etc, For all families with a child under 11 years across Colchester and south Tendring to include, Clacton; Jaywick; Frinton , St Osyth's.</p>	<p>Time to suit a parents needs For parents with children under 11 years</p>	<p>Colchester and South Tendring</p>	<p>Office@homestartcolchester.org.uk</p>

Talent Match South East	Specialist mentoring of young people 18-24 years old in Tendring/Colchester areas. Help and advice is given and also help searching for employment/gaining skills		Clacton-on-sea	Lorraine Jones Specialist Mentor 07392 082846 lorrainejones@southendymca.org.uk
Young Adult Carers	Providing practical and emotional support to 16-24 year olds who help to care for a parent/sibling with a long term physical or mental disability.	To suit the young adult carer	Tendring District	Anna Varnai-Clarke 07702858643 Anna.varnai-clarke@affc.org.uk
The Central	We have a community space for up to 16 people which can be hired out.	Can be hired whenever it is available for £5 per hour.	Teen Talk Harwich, 17 Cliff Road, Harwich, CO12 3PP	teentalk1@hotmail.com 01255 504800
Health shop	Teen Talk support workers are able to issue c-cards/condoms to young people up until the age of 25. We can also do chlamydia tests	During our opening times.	Teen Talk Harwich, 17 Cliff Road, Harwich, CO12 3PP	01255 504800
Child in Need Reviewing Service	Offering an independent service to chair Child in Need Reviews	N/A	Various	Ian Turfkruyer - Child in Need Reviewing Officer Ian.turfkruyer@essex.gov.uk
CARA	Provides independent, specialist support to victims and survivors of any kind of sexual violence. CARA works with adult women and men, young people (aged 13-19) and children aged 12 and under from across mid and north Essex. The services we provide include: -Specialist counselling for adults. -Specialist counselling and support for young people. -Play therapy for children of 12 and under		We provide our services from our head office in Colchester and from outreach premises in Braintree, Chelmsford, Clacton-on-Sea and Great Dunmow.	Enquiry Line: 01206 769795 Email: info@caraessex.org.uk Web: http://www.caraessex.org.uk

	<p>and support for their families.</p> <ul style="list-style-type: none"> -ISVA (Independent Sexual Violence Adviser) support through the criminal justice process. -Advocacy services including advice and support around benefits, housing issues and health appointments. -A women-only social group with creative and holistic activities. 			
Youth Mental health First Aid with InterAct		From Thursday 16 th January 2023 Via Zoom (4 weeks)	Zoom	Extra - Support for Families 01255475001 admin@extrasupportforfamilies.co.uk
1-1 HOME VISITING SUPPORT	<p>Referrals only</p> <p>Support for first-time parents, isolated parents, families new to the area, families needing help with their child's behaviour.</p>	Parents can self-refer. Professionals can refer to receive this service on parent's behalf with parent consent.	Essex Child and Family Wellbeing Service Across areas	<p>Martello Team Team Manger Sarah.Mason@barnardos.org.uk</p> <p>Naze Tower Team Team manger Gillian.morgan@barnardos.org.uk</p>
Family Mediation			Hurlingham Chambers 61 Station Road Clacton-On-Sea CO15 1SD	Debra Colket
SHAPE	<p>Early intervention service aimed at 11 - 17 year olds presenting with early signs of anorexia, bulimia and binge eating disorder. We provide counselling, nutritional advice and family support for those experiencing disordered eating.</p>		Hurlingham Chambers 61 Station Road Clacton-On-Sea CO15 1SD	Lucy Ilesly - lucy.ilesly@colchesteryes.org.uk

iS Essex	<p>Trained independent supporters offer a free service working with families & young people as they go through the assessment process for an Education Health Care Plan (EHCP). Support can also be offered to schools and colleges in a range of ways. We also support with EHCP transfers - families welcome to contact iSEssex as soon as they know transfer is due. We can also support Annual Reviews (subject to continued funding).</p> <p>iSEssex can also offer 'bespoke' workshops on One Planning for any groups of parents and/or practitioners (group size 10+). Volunteers also wanted, full training provided.</p>	<p>EHCP/Person-Centered-Planning workshops</p> <p>Support for families – one planning and EHCP related meetings</p>	Various Venues.	<p>For Independent Support, iSEssex, call 01245 608300 or email info@isessex.org www.isessex.org</p> <p>For EHCP workshops for parents, see: http://www.essexlocaloffer.org.uk/event/ehcp-workshops-parent-carers/</p> <p>More detailed PCP training/workshops, new programme published for Spring term http://www.essexlocaloffer.org.uk/event/free-training-person-centred-approaches-one-planning-and-education-health-and-care-plans/</p> <p>For Bespoke workshops, contact Peter Dilley 01245 608353</p> <p>For Volunteer opportunities call Ali Perrot on 01245 608333</p>
Fire Service	Works with Hoarders & Fire Safety checks			0300 303 0088
Missing Education & Child Employment Service	<p>Core function is to protect children's education, through fulfilling the Local Authority's statutory functions in relation to school absence, children missing education, child employment and entertainment licensing.</p> <p>If school interventions have not improved a child's attendance, we provide, at no charge to schools/academies, a structured response where legal intervention, in the form of penalty notice, prosecution or Education Supervision Order, is considered to be necessary. School Attendance Orders are also issued when children are not on a school roll or are not in receipt of a suitable education.</p>			<p>Duty Officer Line - Open to Schools/ Professionals/ Parents/ Members of Public:</p> <p>Available Monday to Thursday 9am to 5pm and Fridays 9am - 4:30pm Telephone: 0333 013 9983 or email: ME&CE.NE@essex.gov.uk</p>
Missing Education & Child	Schools, including Academies and Free Schools are required to inform the LA (under The Education (Pupil Registration) (England) Regulations, 2006) of the details of pupils who have been absent from school for 10 continuous school days and contact cannot be made with the parent/carer to establish the reason for the			Reporting a Child not receiving at education:

<p>Employment Service</p> <p>Child Missing Education</p>	<p>absence and the absence has not been reported. In Essex schools are required to notify the LA via the Missing Pupil Checklist- the LA will then investigate the situation.</p> <p>Members of Public or Other Professionals can report any child they suspect not to be receiving an education or missing from education, to Central Child Missing Education team.</p> <p>You may remain anonymous and MECES will carry out checks prior to contacting the parents or carers.</p> <p>Contact by:</p> <ul style="list-style-type: none"> • completing the referral form on ECC website • telephone: 0333 013 8967 • email: cme@essex.gov.uk 	<ul style="list-style-type: none"> • tel: 0333 013 8967 • email: cme@essex.gov.uk • completing the referral form on ECC website
<p>Child Employment</p>	<p>The law relating to child employment allows for young people aged 13 and above to take on part time employment. Any young person who assists in a trade or occupation for profit is considered as employed, even if they receive no payment. For example, children who help their parents in a shop without receiving payment are still considered to be employed.</p> <p>Application has to be made for such employment to Essex County Council and a free permit granted. It's the employers' responsibility to apply, not the child. There is no cost.</p> <p>The local authority may revoke a child's employment permit if the authority thinks that the child is undertaking illegal tasks or the child's health, welfare <u>or education</u> is likely to suffer.</p> <p>Full-time work</p> <p>No child or young person of compulsory school age is eligible for full time work. Where a young person wishes to engage in full time work, they must first reach minimum school leaving age. (Last Friday in June of Year 11).</p> <p>Restrictions upon when and where children and young people are eligible to work</p> <p>There are several restrictions on when and where children are allowed to work.</p> <p>Children are not allowed to work:</p> <ul style="list-style-type: none"> • without an employment permit issued by the education department (this role is fulfilled by the Missing Education and Child Employment Service for children and young people within Essex) • in places like a factory or industrial site • during school hours • before 7am or after 7pm • for more than one hour before school • for more than 4 hours without taking a break of at least 1 hour • in most jobs in pubs and betting shops in any work that may be harmful to their health, well-being or education • without having a 2-week break from any work during the school holidays in each calendar year 	<p>MEMBERS OF THE PUBLIC ARE TO REPORT ANY CHILDREN OF SCHOOL AGE WORKING ILLEGALLY TO THE CENTRAL CHILD EMPLOYMENT & ENTERTAINMENT TEAM</p> <p>Tel: 0333 013 8967 or email child.employment@essex.gov.uk</p>

Examples of permitted employment:

Light agricultural/horticultural
Delivering newspapers
Hairdressing - general duties
Office
Café/restaurant - waiting tables/general duties
Riding stables
Domestic hotel duties
Shop work - general duties

Examples of prohibited employment:

Cinema, night club, disco
Street trading
Commercial kitchen preparing or cooking food
Fairground/amusement arcade or skittle alley
Collecting money or selling/canvassing door to door
Slaughter house
Industrial, construction or manufacturing industries
Selling or delivering alcohol
Collecting/sorting rubbish
Delivering milk or fuel
Using dangerous machinery
Telephone sales
Personal care of residents in care/nursing homes
Exposure to biological or chemical agents
Anything that is three metres or more above ground level
Anything that involves exposure to adult material
Anything that involves heavy lifting

There are also special rules which only apply during term times and school holidays.

Term time/school holiday rules relating to child employment

During **term time** children can only work a maximum of 12 hours a week. This includes:

- a maximum of 2 hours on school days and Sundays
- a maximum of 5 hours on Saturdays for 13 to 14-year-olds, or 8 hours for 15 to 16-year-olds

During **school holidays 13 to 14-year-olds** are only allowed to work a maximum of 25 hours a week. This includes:

- a maximum of 5 hours on weekdays and Saturdays

- a maximum of 2 hours on Sunday
- During **school holidays 15 to 16-year-olds** can only work a maximum of 35 hours a week. This includes:
- a maximum of 8 hours on weekdays and Saturdays
 - a maximum of 2 hours on Sunday

Table of times and hours permitted for child employment

Term-time					
All 7am - 7pm	Age	Monday to Friday	Saturday	Sunday	Maximum Hours Per Week
	13 & 14	2 Hours	5 Hours	2 Hours	12 Hours
	15 & 16	2 Hours	8 Hours	2 Hours	12 Hours
School Holidays					
All 7am - 7pm	13 & 14	5 Hours	5 Hours	2 Hours	25 Hours
	15 & 16	8 Hours	8 Hours	2 Hours	35 Hours

MEMBERS OF THE PUBLIC ARE TO REPORT ANY CHILDREN OF SCHOOL AGE WORKING ILLEGALLY TO THE CENTRAL CEE TEAM

0333 013 8967 or child.employment@essex.gov.uk

Entertainment Licensing :

MECES responsible on behalf of Local Authority to issue the Licenses for children performing in shows, pantomimes, films etc. and for issuing the Essex Chaperone Licenses for those supervising the children.

The performance / rehearsals cannot impact on child's education - if so then then performance Licenses could be revoked> Productions can be stopped, if Production Manager / Team do not comply with the law.

If you have a query relating to a child or young person who is involved in employment or entertainment, please contact our Child Employment Team on:

0333 013 8967 or child.employment@essex.gov.uk

**Child Employment Team:
Tel : 0333 013 8967**

		<p>or email child_employment@essex.gov.uk</p>		
<p>Children & Young People's Service</p>	<p>Private Counselling</p> <p>Our Children & Young People's Private Counselling Service offers therapy to children aged from 5 years to 18. We provide a safe, contained and reflective space for young people to express, explore and process difficult emotions and experiences through creative and therapeutic interventions. We offer children a safe environment where they are free to play, draw and talk about their experiences in order to make sense of their emotional world, to grow and to develop.</p> <p>Counselling is currently available in Colchester and Clacton, the cost per session is £40 payable on the day. We offer Colchester and Clacton appointments on a Monday between 9- 5 and in Colchester only, on a Tuesday evening 5pm to 7pm a Wednesday and Thursday 9-5. We will make every effort to see you in the venue of your choice at a time which is the most convenient for you.</p> <p>A counselling session lasts for 30 to 45 minutes for a 5 to 8 year old, and up to 50 minutes for a 9 to 18 year old. Depending on the needs of the young person, the fee however remains the same. For more information or to book an appointment please call us on 01206 764600.</p> <p>One to One support for 5 - 19 year olds</p> <p>We offer one to one support for children and young people aged 5 - 18 years living in the Maldon area. If your child goes to one of the</p>	<p>Ongoing</p>	<p>Mid & North East Essex</p>	<p>Contact Mid & North East Essex Mind 272A, Mersea Road, Colchester, Essex, CO2 8QZ 01206-764600 enquiries@mnessexmind.org www.mnessexmind.org</p>

	<p>following schools then they will have the details of how to refer a student.</p> <p>All Saints C of E Heybridge Primary Maldon Primary St Francis Catholic School St Nicholas C of E Primary The Plume Academy Wentworth Primary</p> <p>Unfortunately, we are unable to take referrals from any other schools at present.</p>			
TAFSO	<p>Please let me take this opportunity to introduce myself, my name is Louise Vickery and I am the new Team Around the Family Support Officer for North. My role is about supporting all partners that work with families that have level 2 needs with early help approaches that encourage sustainable outcomes and multi-agency working. This will mainly be done through building your confidence to co-ordinate team around the family meetings, write early help plans and engage difficult to reach families. The support I can offer will depend on how you feel about these aspects of working with families and can range from a chat over the phone for advice and guidance, delivering workshops, to modelling/co-facilitating a team around the family meeting. I would warmly welcome contact being made by anyone who would like to explore how I could support you in your roles.</p>		North Essex	<p>Louise Vickery</p> <p>Email: TAFSO@essex.gov.uk</p> <p>Mobile: 07738886000</p> <p>Lync: 03330137560</p>
School Attendance Specialist Team	<p>Telephone and email support for schools and parents regarding children and parents problem's and concerns with their child's poor school attendance.</p>	<p>Monday - Friday 9am - 4pm (Telephone line and email is not manned. Replies within 24/48 hours)</p>	NA	<p>0333 032 2968</p> <p>NEattendancespecialistteam@essex.gov.uk</p>
Essex Child and Family Wellbeing Service	<p>Delivering community and family focused health and wellbeing services which include Health Visiting , School Nursing and family support for families and children from pre- birth to 19 years of age (25 for SEND)</p>	<p>Referral via Lanswoodpark hub or referral form on website:</p>		<p>Contact: Lanswoodpark hub 0300 247 0015</p>

		Essexfamilywellbeing.co.uk		
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